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United Methodist Homes
of New Jersey



Theme: Living on My Own Terms

Teacher, Artist, Poet

A Love for Carpentry

Charting a Much Different Path

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Cover Photo:

The Shores' resident and award-winning carver, David A. Rhodes, has a passion for creating decoys. See story on page 9.

A LETTER FROM THE EDITOR

If you were to ask a dozen people to define the phrase “Living on My Own Terms,” the theme for this issue, you’ll undoubtedly get many unique answers. In a society that places high value on independence and individuality, living on my own terms could be a fitting mantra. While realistically, we are all subject to the laws of nature and forces very much outside our control, we all desire freedom of choice and self-determination. This principle guided the very founding of America, abolishing “political bands” with Great Britain and throwing off its despotic government.

Sometimes people believe that living on their own terms is only possible under particular utopian conditions. For example, being financially independent or retired, as both yield opportunities to shed responsibilities associated with employment. Paradoxically, some individuals love and thrive so much in their professions that they continue to work well beyond traditional retirement age. We have a few associates, as well as a few residents, who fall into this category — all would certainly agree that they are living on their own terms.

In just a few mouse clicks on the Internet, you can find examples of people of all ages and backgrounds throughout the world who have changed their lives to live on their own terms — some in small incremental steps and some in one giant leap. They share a strong determination to take chances and risk outcomes, hoping to see their goals come to fruition. They trust their instincts and focus on achieving personal fulfillment and happiness, often shirking traditional expectations.

The vast majority didn’t benefit from a financial windfall, retirement or other magical event. Encumbrances and the freedom to live on your own terms are not mutually exclusive. Sometimes, the most adverse circumstances catalyze very intentional actions backed by ironclad will. After all, we prefer to envision our lives as the result of choices rather than by happenstance or others’ mandates.

In these pages we present residents dedicating themselves to their life passions: hobbies, social activism, volunteering, advocacy, tutoring, and more – all living life on their own terms. Email your “living on my own terms” ideas and stories to jcarrato@umh-nj.org and we’ll publish them on a future UMHNJ blog.



Janet M. Carrato, Editor

PROFILES IN PHILANTHROPY ELIZABETH A. KEAT

By Kevin Daly

The Keat family has a longstanding tradition — supporting the Homes. As Elizabeth A. Keat (Betty Anne), a retired high school teacher noted, her mother was very much concerned about supporting those who need care as they get older. “We’ve had several pastors who gave of themselves, time, energy, support and friendship not only to people in the church, but also in the community. To know the Homes would take care of elderly people whether they were retired pastors and their family or other people who didn’t have family ... seemed a small way and great opportunity for all of us to give back.”

Elizabeth remembers as a young child her local church taking annual collections to help the residents of the Homes. She also recalls that she benefitted from a Methodist scholarship for two years while attending Dickinson College.

Growing up in Chatham, Elizabeth and her family felt a great deal of backing from the Chatham United Methodist Church and were able to view its generous benevolence first-hand. “The church family is very supportive.” The congregation also visited residents of Methodist Manor (closed in 2001) in Branchville regularly. Members saw directly how residents of the Homes benefitted from their annual collection, given around Mother’s Day. Elizabeth says that when she thinks of the Homes, certain things come to mind — “A very homey atmosphere, relatively easy access to friends and a place for keeping seniors safe.”

Elizabeth appreciates the whole idea of the Fellowship Fund, its essential support of the Homes’ mission and that it continues to support the organization. Among all the services offered, she’s also happy to know the Homes has Memory Support residences for seniors with Alzheimer’s and other dementias.

Among its many effects, her vote of confidence keeps the Keat family tradition vibrant and leaves a legacy for others. “I feel at this point in my life I’m able to continue giving donations and would like to keep it up because I think you’re doing a great job and there’s certainly a need for it.”

Kevin Daly is Legacy Advisor for the United Methodist Homes Foundation.



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TEACHER, ARTIST, POET

By Janet M. Carrato

At age 100+, Collingswood Manor resident, retired teacher and artist, Euclides Herrera, surrounds himself with paintings, sculpture, drawings, silhouettes, weavings, and family photos. Scattered throughout his apartment home, they represent a fraction of those made over a lifetime and reflect his passion for the arts, which, in the absence of formal training, began in elementary school. Despite ceasing these endeavors just a few months ago, he is living on his own terms within his day-to-day life.



A caption attached to the glass reads, *As FDR's body leaves Warm Springs, CPO Graham Jackson plays "Goin' Home."*

Sculpture fashioned from wood, stone, bull's horn, balsa, and other materials demonstrates his ability to create from almost every medium. Scenes and silhouettes cut from paper also grace his walls alongside landscape and portrait paintings in watercolor, oil and acrylics; and other drawings. This varied and meaningful body of work brings him immense pleasure, a sense of fulfillment and transports him to another time and place. Much of his sold artwork is privately owned.

Born in the Andes Mountains of Ecuador, Euclides has traveled worldwide as an art educator. During his formative years in Atahualpa, chores and feeding farm livestock started his day, followed by walking to school. Desiring a teaching career, he attended the Juan Montalvo Teachers College. A portrait painting of Simon Bolivar given to the Minister of Education, bolstered by passing an exam to secure a special teaching certificate, led to his first teaching position in Esmeraldas.

The school director invited him to display his carvings

among the student work, consisting mostly paintings and balsa wood sculpture. Coincidentally, the minister's mother purchased a carving he made. When stricken with malaria, Euclides reluctantly left to recover in Quito. After being restored to health, teaching positions in Sangolqui, Atahualpa and Quito followed.

Fortune prevailed when a friend gave him access to free art classes at the Fine Arts Academy in Quito, where he excelled in portraiture. After securing an evening position teaching at the Antonio Ante School, he attended college during the day until he earned his degree. In 1951, with assistance from the Institute of Inter-American Affairs and the Government of Ecuador, Euclides attended the University of Tennessee in Knoxville.

In his 24-page memoir Euclides wrote about coming to America, "By the way, that helped me to obtain a very good wife." He met his late wife, Cynthia, whose direct ancestry links to the Mayflower voyage, at the Penland School of Handicrafts in North Carolina. During the early years of their marriage, the couple and young family lived in Ecuador and Venezuela. Besides raising seven sons, the couple went on art retreats where Cynthia quilted and Euclides painted.

Later study took Euclides to the University of Maryland, Berea College (Kentucky) and the Intermountain Indian School (Utah) and to Glassboro State College for BA and MA degrees in Education. Over the years, he taught Industrial Arts,



Euclides painted this church in watercolors at age 99.

Textiles, Fine Art and Spanish in schools here and also in Ecuador. The family lived in various places, but remained the longest in Pitman, specifically, from 1961 until 2011. Pennsylvania Hospital, Ancora State Hospital, Bancroft School, Baltimore League for Crippled Children and Adults, and Monongahela Junior High School (Deptford), include some of the places he taught in the US.



Civil War silhouettes made from paper.

He enjoys looking through and reading his art books, particularly those about his favorite American artists, Norman Rockwell and Andrew

Wyeth. Raised in a devout Roman Catholic family, Euclides' religious traditions remain important to him. Mark, one of his seven sons, devotedly takes him to mass on Sundays and holidays. Carl, another local son who visits almost daily, says, "My father could do any type of artwork including painting, drawing, woodcarving and jewelry making. Many people do one thing, but my dad did it all for years and years — just amazing."

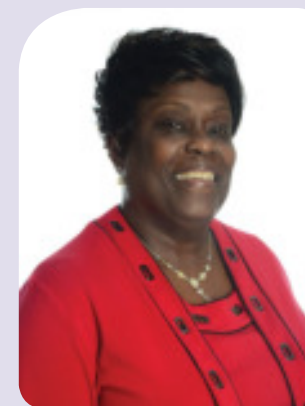


Paintings, carvings, photographs and other artifacts surround Euclides in his apartment home.

Janet M. Carrato is Communications and Public Relations Director.

ASSOCIATE SPOTLIGHT JEANETTE EDGHILL

By Robbie Voloshin



Meet Jeanette Edghill, the senior housing administrator of Covenant Manor in Plainfield. She has worked for the Homes for 15 years. Originally from the island of Barbados, Jeanette moved to New Jersey in 1973. She has a degree in business, which included courses in housing and homeland security.

As an active member of the Covenant United Methodist Church in Plainfield, Jeanette chairs the Staff Parish Relations Committee and serves as the Membership co-chair for the United Methodist Women. The mayor of Plainfield appointed her to Plainfield Housing Authority, where she brings her housing expertise as a commissioner.

Jeanette enjoys working at Covenant Manor! She loves the fact that she has the chance to know all her residents and says, "I love serving ... that's my passion!"

Jeanette has been married to Miguel for 28 years and has two sons who she adores. While her favorite thing to do is entertain, her hobbies include reading and cooking.

Robbie Voloshin is Corporate Director of Marketing and Sales.

NAN HARRIS DAVIS: A WOMAN OF INFLUENCE

By Patricia Darcey

“None of us will ever accomplish anything excellent or commanding except when he listens to this whisper which is heard by him alone.”— Ralph Waldo Emerson

To be sure, Nan Harris Davis listened. She has accomplished excellence, and continues to do so as she begins the eighth decade of her life, busy as usual, this time with weekly computer lessons at the Apple Store. But let’s not get ahead of ourselves. Fresh out of high school, Nan was awarded a full scholarship to Northwestern where she achieved academic excellence. During college, Nan met and married a Methodist minister. After graduation, they welcomed first a son and then a daughter into their inner city Chicago parsonage.

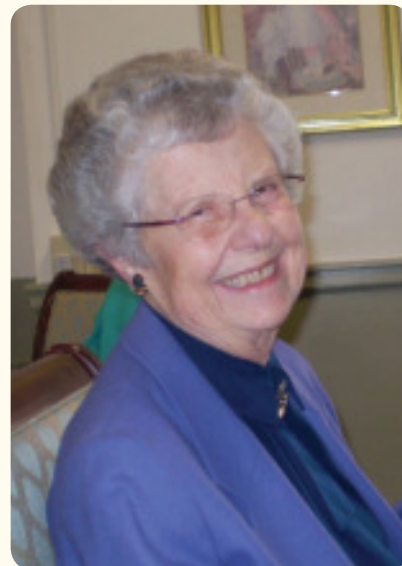
While Nan embraced motherhood and her busy role as a minister’s wife, she pursued causes close to her heart. In the mid-1960s, Nan worked in the War on Poverty, introduced by President Lyndon B. Johnson.

With local leaders, she opened and directed an Adult School for Literacy and High School Equivalency in a South Jersey inner city community where — much to the surprise of numerous naysayers — she soon had more than 300 night students. Nan taught adult school part time while earning a Rutgers Master’s Degree in Adult and Continuing Education, then transitioned to full time in a model demonstration adult school for more than a decade, until federal budget cuts forced its closure.

Then Nan became a hospital detox volunteer, and led workshops to help clergy and church leaders understand that the diseases of alcoholism and other addictions are not moral issues. Nan asked a medical school professor, “Is there a medical specialty focusing on the prevention of addiction relapse triggered by prescription or over-the-counter drugs?” After giving a negative answer, he suggested Nan attend Rutgers College of Pharmacy and the Rutgers Center of Alcohol Studies. She received a pharmacy degree and license at age 48, just as New Jersey first added an additional course on medical drugs in order to be certified as an addiction counselor.

Therefore, Nan began a 30 year hospital pharmacy career and a teaching “hobby.” A hospital administrator who took Nan’s course, helped her relocate a medication-free detox program from a condemned hotel into an empty hospital wing. Alcoholics Anonymous members brought meetings into the hospital and some volunteered to offer support to patients in withdrawal, night or day. Nursing and medical staff learned to reserve medication only to life-threatening symptoms.

Nan also edited and distributed a newsletter for pharmacists in recovery, which ultimately grew from 37 subscribers to more than 1,100 throughout the United States and six overseas countries. Nan is a licensed pharmacist in New Jersey and Arizona. Her reputation continues to make her a nationally-sought lecturer on subjects related to alcohol and other drugs.



From a hymn whose words are attributed to Alicia S. Carpenter, Nan shares, “Just as long as I have breath, I must answer ‘yes’ to life.” And to be sure, life has never heard Nan say “no.”

Nan’s power to help others is contagious, as she continues her ministry as a resident — since 2004 — of Francis Asbury Manor.

Patricia Darcey is Marketing Director at Francis Asbury Manor.

A LOVE FOR CARPENTRY

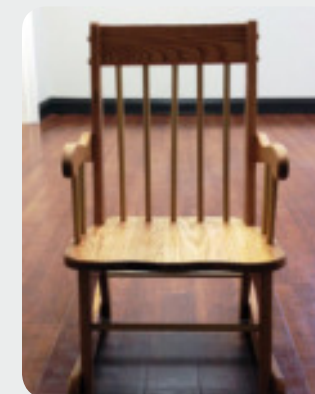
By Kevin Daly

Cornelius (Neal) Faber’s love of carpentry never fades. Retirement hasn’t stopped him from sanding, cutting, refinishing and woodworking worn tables, chairs and benches into revitalized pieces of beautiful furniture.

Neal and his wife of 71 years, Norma, have settled in quite nicely since moving to Bristol Glen in April 2014. Shortly thereafter, Neal noticed the tables in the County Café. After securing approval, he refinished them one at a time. “People say, ‘What are you doing all this work for? You’re supposed to be retired.’ I want to be busy. I don’t like just sitting here. That drives me crazy.” The residents were amazed with the way the tables looked afterward, wondering if they were brand new.

Neal learned carpentry after being discharged from the Navy in 1945 where he served as a gunner’s mate on supply ships during World War II. He worked as a cab driver in Paterson before landing a job at a construction company. Like other veterans seeking skilled trade jobs, Neal figured this was a good opportunity to get some on-the-job training — here he learned all aspects of home construction. Eventually, an uncle starting a construction business invited Neal to join him. “That’s where I started to learn carpentry. There was always so much work around.”

His carpentry success allowed Neal to pursue his dream of building and owning a roller skating rink. Neal met Norma in Paterson when they were teenagers. “I met my wife in a roller skating rink — we were roller skaters.” They dated for a while and kept in touch after



In addition to refinishing furniture, Neal has also made about 15 chairs like this one over the past several years for his grandchildren as well as for others’ grandchildren.

Neal joined the service. They married in 1943 while Neal was on an overnight pass, but their honeymoon proved short-lived, as Neal was shipped out two days later.

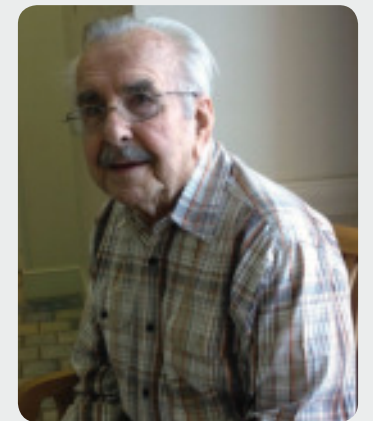
“I always had it in my mind that I wanted to own a roller skating rink. So finally, I saved enough and built the Hampton Roller Rink. At one time all my children were NJ State champions. My youngest daughter, at age 9, was a national champion.” After running the roller rink for about 10 years, an industry-wide trend of prohibitively increasing insurance costs, caused him to sell. He then transitioned to the building business — residential construction. Later, Neal and Norma lived part time in Florida for 10 years then returned to Sussex County in 1996.

After finishing the tables in the Country Café, Neal noticed that the outside benches needed a facelift and offered to restore them. Fellow residents, Bill Cole and Ed Guzma, helped Neal paint the benches after he repaired them, a total of 16 at last count.

Neal and Norma are happy to be at Bristol Glen. “Everything is fine. We know this is the place for us. We’re here for the duration.”

A longer version of Neal’s story is posted on our blog at www.blog.umh-nj.org.

Kevin Daly is Legacy Advisor for the United Methodist Homes Foundation.



Neal takes a break along Bristol Glen’s Main Street.

DOROTHY BILLS IS PITMAN MANOR'S POET LAUREATE

By Alice M. Coghill

Pitman Manor resident Dorothy Davis Bills, discovered poetry as an 11-year-old growing up in the Kensington section of Philadelphia. After she happened upon a book of poems by the well-known writer, Robert Louis Stevenson, she read it from cover to cover, and then, sat down with pen in hand to write her first poem, *The Starbird* (see below). She showed her creation to her Sunday school teacher at the Cumberland Street Methodist Church, who suggested Dorothy submit it to a magazine published exclusively for youngsters called *Junior Weekly*.

"Imagine my surprise when an envelope came for me a few months later with a copy of my published poem and a brand new one dollar bill. I kept that dollar for years and still have the original magazine," reflects Bills, now 92-years-young.

Dorothy, a retired secretary and mother of three used poetry to express her creativity, faith, emotions and insight into the world around her. With a love for reading and traveling, exotic destinations have served as the backdrop for more than a few of her poems. Over the last 80 years, she estimates she has written over 300 diversely-titled poems such as: *Who Packed Your Parachutes?*, *Angels*, *Castles in the Air*, *Walking at the Mall*, and *At the Dollar Store*. Her poetry subjects include love, loss and life, as well as everything in between.

Her active lifelong imagination and finding inspiration in the most unexpected places — looking at the night sky or walking by a creek — act as a gauge in processing everything she experiences. As vital and involuntary as breathing oxygen, it embodies "living on her own terms."

Recently, she was "commissioned" to write a poem for a Pitman Manor associate's deceased friend. "I did not know the deceased, so I sat down with the young lady and we talked a longtime about her friend — until I felt like I knew him too. She was very happy with what I wrote and proudly read it at his memorial services," said Dorothy.

Dorothy is quiet and unassuming lady with a dry sense of humor. When she first moved to Pitman Manor, K.C. Duffield, the receptionist, asked, "How are you?" Dorothy's response came in the form of a poem she had not only written and memorized, but also, listed all her daily aches, pains and ailments. With a smile K.C. reasons, "I have since learned to reword that question when asking about her day."

Her granddaughter is now in the process of typing all of Dorothy's poems and putting them together in a bound journal. "I never felt the desire to be a professional writer but as long as I am able, I intend to keep writing poetry, if only for me to read," declares Dorothy.

Alice M. Coghill is Marketing Coordinator at Pitman Manor.



With pen and paper, Dorothy ponders her next creative endeavor.

The Starbird

One time a little bird
flew so high

A hand reached out and
pulled him to the sky

Now he is a little star
Twinkling oh so lightly

And if it isn't cloudy you'll see him
shining brightly

CHARTING A MUCH DIFFERENT PATH

By Kevin Daly

As a high school teenager, recently retired UMHNJ Foundation associate Rev. Barry Wehrle didn't envision his life as a pastor. Despite his first choice to become a dentist, two of his pastors differed. "They both thought they saw in me potential for the ministry, but I pretty much laughed that off for a while. But, as I became more active in our youth group and then its president and helping to lead Sunday school and stuff, I thought, well, maybe that is a direction."

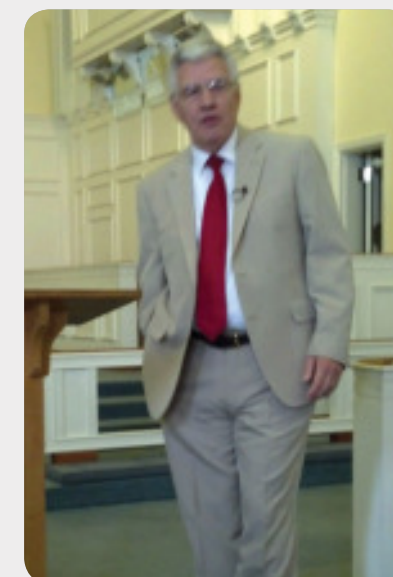
As an undergraduate, Barry chose Taylor University in Indiana, his pastor's alma mater, thinking that he would be preparing for the ministry. It wasn't until his senior year that he became convinced of God's intention. "And so, I returned to New Jersey where I was born and raised and went to seminary at Drew University." Over a 40 year period, after serving six United Methodist churches in Northern New Jersey, he retired in 2008.

"I wasn't planning on working for any pay after that." In 2009 he needed something to keep him busy, so Barry started working as a hospital volunteer in the Toms River area. Also around the same time, UMHNJ's past president asked Barry if he would lead a new initiative, originally called the "Church Champions" program, as envisioned by board chair emeritus, Morris L. Smith.

Barry possessed a lot of knowledge about the Homes, having been a member of the board of directors for seven years and a former leader of a youth group volunteering at Methodist Manor in Branchville. In later years, his mother lived her last two years at Methodist Manor. "I always knew the Homes. I always liked the ministry and have always been a supporter." While the role prescribed full time employment for what eventually became the Church Connections Program, Barry agreed to do it part time.

After five years getting it up and running, Barry felt it was time for a change. "By the time I got done, we really had about 150 churches involved out of the 500-some churches in the conference. And we probably had about 180 ambassadors who had participated in the program." Given the program's status in November 2014, he felt it was a good time to retire.

Barry's current idea of living on his own terms includes volunteering once again at the local hospital and learning more about serving as a volunteer children's advocate. Travel possibilities include Oklahoma to visit his mother-in-law, Alaska to spend time with his brother-in-law and Colorado to see grandchildren.



Barry at the Covenant United Methodist Church in Plainfield.

Regarding the future, Barry interjects, "Besides just entertaining myself, there's always stuff out there to do and I want to find something that contributes to the good of society." We think Barry won't have any problems charting his own path.

Kevin Daly is Legacy Advisor for the United Methodist Homes Foundation.

"Besides just entertaining myself, there's always stuff out there to do and I want to find something that contributes to the good of society."

THE REAL DECOY

By Deede Bolger and Janet M. Carrato



Unbeknownst to David A. Rhodes, a resident of The Shores, an everyday duck hunting excursion with a friend would inspire him to pursue a fulfilling passion — woodcarving. After learning that decoys had a purpose and with the drive to successfully craft one himself, David watched other carvers at work.

Undaunted by his lack of experience, he began by picking up pieces of driftwood on the beach and employed a coping saw and an old knife. He also made silhouettes of birds from scrap pieces of mahogany. “The first turned out looking like a whale,” David recalls, “I drilled a hole in its back for a candle and gave it to my mother for Christmas.” Eventually the results began to look like the birds he desired.

While David grew up along the Jersey shore in Atlantic City and developed a love of fishing from the jetties, he admits he never caught a fish big enough to eat. Years later, he moved to Absecon and discovered the abundant wildlife in the marshes and maintained a studio. Despite transitioning from a single family home to a two-bedroom apartment at The Shores eight years ago, David stays active, productive and engaged in creating decoys and the woodworking arts. Although smaller than before, he relishes and



David at work in The Shores' fully-equipped woodshop.

thrives in the dedicated studio room in the apartment he shares with his wife Nancy.

“Without the opportunity to continue my love of carving beautiful birds,” reflects David, “I could not have coped with moving from my home.” All things considered, retirement living has allowed David to continue living on his own terms, as evidenced by his response to the question, “What do you like about your life today?” He replies, “That I can still do the things that have been important over a lifetime.”

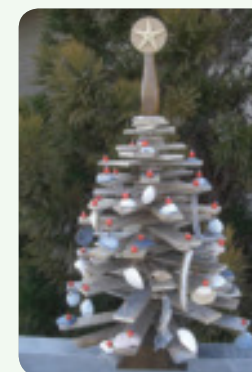
David still participates in craft shows, sells his decoys and teaches drawing classes at the Ocean City Library and the Noyes Museum. Honors include “Carver of the Year” by the NJ Decoy Collectors Association, of which he retains membership, and Artist of the Year by the Noyes Museum — he considers these his greatest accomplishments in the field. As a volunteer, he assisted in the opening of the Tuckahoe Seaport.

On the academic side, David has worked with wildlife conservationists making decoys to lure shore birds so they can be tagged, released and studied. One such project in Hawaii successfully tracked a migration path to Alaska. Beside this recognition, he has met many interesting people at craft shows, selling online on eBay and participating in organizations. “After 20 or so years, there is great satisfaction in renewing contacts with friends and customers who also still enjoy the craft of carving,” states David.



David begins each project with concept drawings.

As a testimony to his creativity and vision, David turned Superstorm Sandy's refuse into something of beauty. Driftwood and other bits collected after the weather event became a miniature Christmas tree. While environmentalists might call this “upcycling,” others consider it “delightful.”



Nature's gifts from the sea upcycled for Christmas!

During leisure time David likes to walk and enjoys talking with the fishermen he meets. Although he can't go hunting any longer, he is most grateful for good dinners and reminiscing about old times with long-standing friends.

Deede Bolger is Housing Administrator at Wesley by the Bay.

Janet M. Carrato is Communications and Public Relations Director.

ABUNDANT COMMUNITY LIFE

Planning to visit a resident or just curious about what they might be doing? Spring and summer bring the promise of more daylight, Memorial Day and Fourth of July celebrations, barbecues, SeniorFITness, games, trivia contests, movies, trips, performers, and more life-enriching events. Visit any of the full service community websites (back cover) and click events to see the current month's community life calendars. Open House and Lunch and Learn events are also listed in the events section.

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Do Something *Grand* for Grandparents' Day

United Methodist Homes of New Jersey Foundation
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Sunday, September 13, 2015

Francis Asbury Manor
UNITED METHODIST HOMES

70 Stockton Avenue • Ocean Grove
Registration begins at 11am
Walk begins at 1pm



For more information and to register online visit www.umhfoundation.org/events

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CHEF'S CHOICE: PITMAN MANOR

EXECUTIVE CHEF RAY CAVA

By Stephen Davis



Ray stands ready at the Chef Action Station to make shrimp and chicken Caesar salads.

Unique and broad hospitality work experiences like room service, coffee shops, buffet dining, high roller clubs, and employee dining, have distinctively qualified Pitman Manor Executive Chef Raymond (Ray) Cava within his field. Growing up in the Philadelphia suburbs, Ray and his friends played outdoors in the neighborhood, woods and around a creek. He participated in Boy Scouts, the swim team, volunteered with local political organizations and helped his dad. Throughout grammar and high schools, his extra-curricular activities included concert band, jazz band, marching band, theater, as well as several other clubs.

A turning point occurred when at age 16, Ray's family moved to West Wildwood, New Jersey — he became immersed in the hospitality industry. As a Jersey Shore resort town, not only did it drive the local economy, but also, fueled Ray's ultimate goal to own a pizza shop.

Taking that drive to the Academy of Culinary Arts at Atlantic Cape Community College in Mays Landing resulted in several distinguished outcomes: With a 4.0 grade point average, Ray graduated first in his class and

was named valedictorian. To top off receiving the Nathan Schwartz Award for Outstanding Academic Achievement, he finished his degree with perfect attendance.

While a sous chef at Neil's Steak and Chowder House in Wildwood over the next eight years, Chef Ray honed his skills. Under the direction of Executive Chef Robert Rovira, his renowned traditional Southern, Creole and seashore fare became signature influences on Chef Ray's cuisine. Next, as executive chef at Fish Tales in Stone Harbor, Ray showcased his talent in a low volume gourmet environment where every plate emerged from the kitchen uniquely built-to-order.

Over the next few years Ray worked at several small restaurants, then at several commonly-owned properties: Showboat Casino, Harrah's, Caesars, and Bally's. Consistent with his overachieving and adaptable record, he quickly and skillfully adjusted to Atlantic City's upscale ultra-high volume dining.

Ray, who personifies "Hospitality Made to Order," remains steadfast in delighting everyone dining at Pitman Manor. His love for cooking, appreciation for well-prepared cuisine, passion for working with food, and interacting with guests is evident, as often, he excitedly shares, sometimes unprompted, the secrets of the kitchen. Outside work, Ray likes to spend time with his wife Susan and their daughter Liliana Serafina.

Stephen Davis is Area Executive Chef for Sodexo.

Simple Summer Grilling Cilantro-Lime Mahi-Mahi

Mahi-mahi, a delicately flavored, savory, white fish with meaty flesh, grills-up moist and delicious. When selecting mahi-mahi for the grill, look for the thicker center cut portion towards the head versus the thinner tail end. Although frozen will certainly do, fresh will yield better results!

INGREDIENTS:

2, 6 ounce mahi-mahi filets (total 12 ounces)

MARINADE:

1 peeled and finely diced shallot

½ bunch finely chopped cilantro leaves (no stems)

½ teaspoon coarse sea salt

dash of ground white pepper

dash of ground cumin

dash of ground coriander

zest and juice of 1 lime, combined with 1
tablespoon olive oil

PROCEDURE:

Combine all marinade ingredients and mix thoroughly.

Rub marinade on both sides of the mahi-mahi covering completely and allow to rest for at least one-half hour before cooking; 24 hours is recommended.

Fire up an outdoor grill. For best results make sure it has had at least 20 minutes to heat with the lid closed and that the grates have been cleaned thoroughly with a wire brush. It is best to brush the grates after they have heated up.

It is not necessary to remove any of the marinade from the fish, but do ensure that no oil is dripping before placing the filets on the grill.

Grill mahi-mahi by first placing the non-skin side down on the grill and closing the lid.

Depending on the thickness of the filet, cook for 3 to 5 minutes before opening the lid and flipping the fish to the other side. As a general rule, the filets are ready to flip when they come away easily from the grill.

Allow to grill for 3 to 5 more minutes with the lid open.

The mahi-mahi is ready when it has reached an internal temperature of 145 degrees Fahrenheit or when the flesh has become opaque.

Serves 4.

Recipe by Stephen Davis

RESPIRE AND MORE

Did you know spring and summer breaks are available at any of our five full service communities? Respite offers you or your loved ones stays for as brief as one week or as long as three months. It includes a private apartment, delicious meals every day, weekly housekeeping and plenty of activities in a friendly, safe, caring environment. There's so much to do no one will miss mowing the lawn or weeding! Call the community of your choice or visit them on the web (see back cover for complete listing).

Or perhaps, you or a loved one need more extended care. United Methodist Homes offers a variety of services including residential and assisted living, short-term rehab, respite, memory support, professional nursing care 24/7, and hospice. Explore your options at <http://www.umh-nj.org/>.

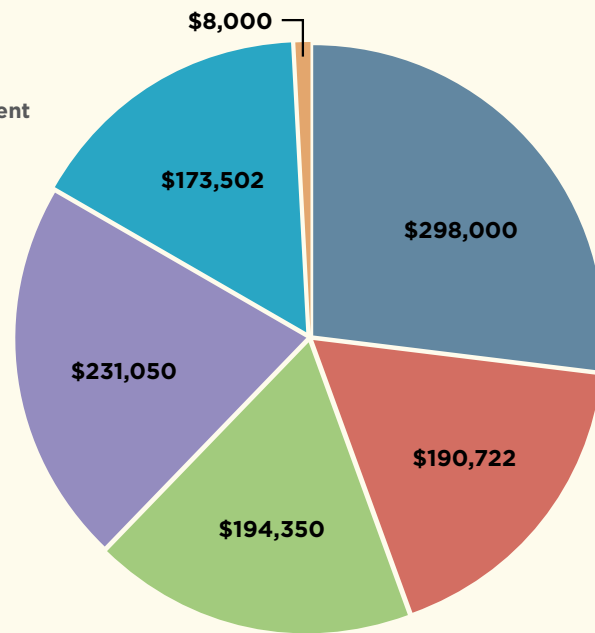
UMHNJ Contributed Over \$12 Million in Value to the Community During Fiscal Year 2014

As nonprofit organization and an integral part of many New Jersey neighborhoods for more than a century, community benefit is a primary focus of United Methodist Homes of New Jersey. Nonprofit organizations have an obligation to demonstrate their charitable nature, as well as to be exemplary neighbors. Our charitable ministry, as outlined here, goes beyond our walls. Supporting the greater community is accomplished through the lens of our mission.

SOCIAL ACCOUNTABILITY

- **Community Based Clinical Services, Internships and Workforce Development**
College internships, job training opportunities, school projects and research
- **Health Education and Resources**
Free flu shots, health fairs, pharmacy reviews, speakers and screenings
- **Use of Community Spaces**
Community blood drives, meetings, support groups, voting, etc.
- **Cash Donations and In-Kind Contributions**
Direct donations of equipment, supplies, food and contributions that provide support to the community
- **Social and Environment**
Events, socials affairs for the community at large, recycling efforts and education
- **Associate Volunteerism in Community**
Associate volunteer time in the greater community for special projects during work hours

TOTAL: \$1,095,624



**Grand Total of
Community Benefit:
\$12,741,624**

COST OF CARE

Medicaid Shortfall \$6,746,000

UMHNJ participates in the Medicaid program, which does not fully reimburse the organization for the cost of services provided to the residents.

Charitable Care \$4,900,000

UMHNJ also allows residents in independent and assisted living, who have outlived their resources and can no longer pay for full cost of care, to remain in their UMHNJ communities.

TOTAL: \$11,646,000

Steering Group

Lawrence D. Carlson, *President & CEO*
 Elizabeth P. Andersen, *Corporate Director of Compliance & Risk Management*
 John D. Callanan, *Corporate Director of Mission & Pastoral Care*
 Sharon D. Clapp, *Vice President of Development*
 David G. Glenn, *Vice President of Human Resources*
 Cynthia D. Jacques, *Vice President Housing & Community Initiatives*
 Patty Koeplinger, *Executive Assistant*
 DaLinda Love, *Corporate Director of Clinical Services*

Carol B. McKinley, *Vice President of Operations*
 Steve Rausch, *Corporate Director of Information Technology*
 Roberta K. Voloshin, *Corporate Director of Marketing & Sales*
 Richard D. Wilson, *Vice President of Finance*

For the latest news and to donate visit
www.umhfoundation.org/donate

Facebook.com/UMHNJ
 Blog.umh-nj.org
 Email: umh@umh-nj.org
 Phone: 732-922-9800
 Toll free: 800-352-6521
 Home Office: 3311 State Route 33, Neptune, NJ 07753



OUR SACRED MISSION LIVING MISSION OUR OWN WAY

By John Callanan



As Methodists, we have always done things our own way. At a time when most Christians saw God as a distant, all-controlling judge, John Wesley, our founder, believed in grace, free will and in faith embracing both belief and service. Proclaiming a God of love and invoking compassionate service, individual choice and personal responsibility, Wesley inspired hope, nurtured an attitude of abundance and offered a sense of purpose for people who suffered in hopeless desperation. He blessed others by doing things his own way, including founding two homes for widows, which he supported at great personal sacrifice. His value of mission and example of servant-leadership inspired UMHNJ and its predecessors to become unique, mission driven ministries.

We follow in Wesley's footsteps, serving others in ways uniquely our own. Our communities were created to care for Methodist widows, deaconesses and missionaries. Today, we welcome retirement age adults of all faiths. We are embracing person-centered living and household models, so that our communities truly become homes. We're adding home and community-based services, so that we can promote abundance for seniors and their families throughout our state. Also, we have renewed our mission and value statements and are creating Associate Mission Teams which celebrate and honor our identity as a faith based ministry. I'm excited that in these and many other areas, we nurture hope and provide opportunities for abundant living in ways uniquely our own.

Compassionate service and empowering choices for abundant living remain at the core of our faith identity. The Apostle Paul said, "God gives us each unique gifts for the common good" (1 Corinthians 12:7 - paraphrased). We choose to use our gifts to serve you because we believe God intends for us all to pursue the fullness of life in our own way.

Rev. John Callanan is Corporate Director of Mission and Pastoral Care.





3311 State Route 33
Neptune, NJ 07753

Full Service Communities

At the heart of United Methodist Homes' resident-driven services and amenities is a team of highly-qualified professionals delivering a continuum of care to adults 65 years and over:

Bristol Glen

200 Bristol Glen Drive
Newton, NJ 07860
www.bristolglen.org
973-300-5788

Collingswood Manor

460 Haddon Avenue
Collingswood, NJ 08108
www.collingswoodmanor.org
856-854-4331

Francis Asbury Manor

70 Stockton Avenue
Ocean Grove, NJ 07756
www.francisasburymanor.org
732-774-1316

Pitman Manor

535 North Oak Avenue
Pitman, NJ 08071
www.pitmanmanor.org
856-589-7800

The Shores

at Wesley Manor
2201 Bay Avenue
Ocean City, NJ 08226
www.theshoresretirement.org
609-399-8505

**Independent Living • Residential Living • Assisted Living • Skilled Nursing
Memory Support • Short-Term Rehab • Respite • Hospice**

Affordable Housing Communities

Senior Housing communities designed for residential living for adults 62 years and over:

Bishop Taylor Manor

33 North Walnut Street
East Orange, NJ 07017
www.umh-nj.org/bishop-taylor-manor
973-676-9057

Covenant Manor

623 East Front Street
Plainfield, NJ 07060
www.umh-nj.org/covenant-manor
908-791-9430

PineRidge of Montclair

60 Glenridge Avenue
Montclair, NJ 07042
www.umh-nj.org/pine-ridge-montclair
973-746-0003

Wesleyan Arms

9 Wall Street
Red Bank, NJ 07701
www.umh-nj.org/wesleyan-arms
732-936-0760

Wesley by the Bay

2401 Bay Avenue, Suite 2
Ocean City, NJ 08226
www.umh-nj.org/wesley-by-the-bay
609-399-6701

